

33-Patience & Calm

You who are the servants of God fight against oppression, hate and discord... Only have faith, patience and courage--this is but the beginning, but surely you will succeed, for God is with you!

'Abdu'l-Bahá, *Paris Talks*, p. 101

O SON OF MAN!

For everything there is a sign. The sign of love is fortitude under My decree and patience under My trials.

Bahá'u'lláh, *Hidden Words*, Arabic #48

...God, verily, loveth those women and men who show forth patience. Obey ye My commandments, and follow not the ungodly, they who have been reckoned as sinners in God's Holy Tablet.

Bahá'u'lláh, *The Kitáb-i-Áqdas*, p. 43

It behoveth whosoever hath set his face towards the Most Sublime Horizon to cleave tenaciously unto the cord of patience, and to put his reliance in God, the Help in Peril, the Unconstrained.

Bahá'u'lláh, *Tablets of Bahá'u'lláh*, p. 212

Say, this earthly life shall come to an end, and everyone shall expire and return unto my Lord God Who will reward with the choicest gifts the deeds of those who endure with patience. Verily thy God assigneth the measure of all created things as He willeth, by virtue of His behest; and those who conform to the good-pleasure of your Lord, they are indeed among the blissful.

The Báb, *Selections from the Báb*, p. 161

Therefore, thou must widen thy heart, dilate thy breast, have patience in plenty, calmness of soul and cut thyself from everything but God!

'Abdu'l-Bahá, *Bahá'í World Faith*, p. 363

Therefore, we must exercise extreme patience, sympathy and love toward all mankind, considering no soul as rejected. If we look upon a soul as rejected, we have disobeyed the teachings of God. God is loving to all. Shall we be unjust or unkind to anyone? Is this allowable in the sight of God? God provides for all. Is it befitting for us to prevent the flow of His merciful provisions for mankind?

'Abdu'l-Bahá, *Promulgation of Universal Peace*, pp. 286-287

You should exhort all the friends to patience, to acquiescence, and to tranquillity, saying: O ye loved ones of God in that land! Ye are glorified in all the worlds of God because of your relationship to Him Who is the Eternal Truth, but in your lives on this earthly plane, which pass away as a fleeting moment, ye are afflicted with abasement.... Whatever hath befallen you, hath been for the sake of God.

Bahá'u'lláh, *Compilation of Compilations*, Vol I, p. 171

Be patient under all conditions, and place your whole trust and confidence in God.

Bahá'u'lláh, *Gleanings*, p. 296

...the stages that mark the wayfarers' journey from their mortal abode to the heavenly homeland are said to be seven.

The first is the Valley of Search. The steed of this valley is patience; without patience the wayfarer on this journey will reach nowhere and attain no goal. Nor should he ever become downhearted: If he strive for a hundred thousand years and yet fail to behold the beauty of the Friend, he should not falter.

Bahá'u'lláh, *The Call of the Divine Beloved*, 2.6-7

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The Báb, *Selections from the Báb*, p. 161

O My servants! Be as resigned and submissive as the earth, that from the soil of your being there may blossom the fragrant, the holy and multicolored hyacinths of My knowledge.

Bahá'u'lláh, *Gleanings*, p. 322