

15-Affect & Emotions

[The true seeker] should be content with little, and be freed from all inordinate desire.... He should succour the dispossessed, and never withhold his favour from the destitute.

Bahá'u'lláh, *Kitáb-i-Iqán*, p. 193-194

True distinction among mankind is through divine bestowals and receiving the intuitions of the Holy Spirit...if a man is bereft of the intuitive breathings of the Holy Spirit, deprived of divine bestowals, out of touch with the heavenly world and negligent of the eternal truths, though in image and likeness he is human, in reality he is an animal; even as Christ declared, "That which is born of the flesh is flesh; and that which is born of the Spirit is spirit."

'Abdu'l-Bahá, *Promulgation of Universal Peace*, pp. 316-317

Under all conditions, whether in adversity or at ease, whether honoured or afflicted, this Wronged One hath directed all men to show forth love, affection, compassion and harmony.

Bahá'u'lláh, *Tablets of Bahá'u'lláh*, p. 72-73

Dissipate not the wealth of your precious lives in the pursuit of evil and corrupt affection, nor let your endeavours be spent in promoting your personal interest.

Bahá'u'lláh, *Tablets of Bahá'u'lláh*, p. 138

In reality thou art spiritually hungry and athirst for the Water of Life. Therefore I send thee spiritual food and bestow upon thee the Water of Life Eternal. That food is the divine advices and exhortations revealed in the Tablets and the spiritual outpourings of the breath of the Holy Spirit. I hope ere long it will reach thee and thou wilt behold what an exhilaration and beatitude it produceth and what cheerfulness and serenity and what heavenly emotions it createth!

'Abdu'l-Bahá, *Tablets of 'Abdu'l-Bahá 'Abbás*, vol. 1-3, 277.8

O thou dear friend! I entreat from His Highness the Desired One that He may grant divine confirmation to that illumined youth to such an extent that he may become the main-spring of spiritual emotions in those regions.

'Abdu'l-Bahá, *Tablets of 'Abdu'l-Bahá 'Abbás*, vol. 1-3, 521.9

...when the fire of trials is ignited, celebrate ye in joy, dance with overflowing emotions and be ye happy that— praise be to God!— ye have become the target of contempt in the path of the Beauty of Abhá and are hated by the people of passion and desire.

‘Abdu’l-Bahá, *Tablets of ‘Abdu’l-Bahá ‘Abbás*, vol. 1-3, 410.6

Man possesses two kinds of susceptibilities: the natural emotions, which are like dust upon the mirror, and spiritual susceptibilities, which are merciful and heavenly characteristics.

‘Abdu’l-Bahá, *The Promulgation of Universal Peace*, 86.2

Let us pray to God that the breath of the Holy Spirit may again give hope and refreshment to the people, awakening in them a desire to do the Will of God. May heart and soul be vivified in every man: so will they all rejoice in a new birth.

‘Abdu’l-Bahá, *Paris Talks*, p. 34

This is the time for growing; the season for joyous gathering! Take the cup of the Testament in thy hand; leap and dance with ecstasy in the triumphal procession of the Covenant! Lay your confidence in the everlasting bounty, turn to the presence of the generous God; ask assistance from the Kingdom of Abhá; seek confirmation from the Supreme World; turn thy vision to the horizon of eternal wealth; and pray for help from the Source of Mercy!

‘Abdu’l-Bahá, *Bahá’í World Faith*, p. 351

Beware lest ye sow tares of dissension among men or plant thorns of doubt in pure and radiant hearts.

Bahá'u'lláh, *Tablets of Bahá'u'lláh*, p. 138

Indeed on no account should ye sadden any person; surely God will put him to the proof and bring him to account.

The Báb, *Selections from the Báb*, p. 63